

Magical Goal Setting Formula: 30 Day Goal Formula

This goal setting formula will only work as you deepen your belief in the final outcome.

As you read and begin to practice this strategy, see and feel yourself in possession right now of the end result.

This will work for you 99% guaranteed as long as you apply this persistently, consistently, and at least 3 times daily – morning when you first rise, just after lunch or during the afternoon, and at night just before bed.

Reveal this strategy to no one, and focus only on the end result.

And within 30 days you can change your entire life, starting now.

On This Day _____ (September 15th 2015), the time is now 12:35 am. I'm sitting in my comfy blue office chair at my nice wooden desk. As I log into my Paypal account I can see that I've made over \$10,000 (Insert your desired number here).

I can feel the cool AC blowing on my skin, and I can feel my plain white shirt on my torso and arms. I can feel my shorts on my legs, and I can feel the cool tile floor under my bare feet. I feel my cool laptop underneath my hands as they both relax over the keyboard.

I take a deep breath, and as I do, I feel a powerful electricity like energy flow through my body, causing Goosebumps and making me super excited. As time now seems to stand still for one moment... I realize that I have just stepped into my dream, and made it become a reality.

My life is more amazing than I ever imagined. I jump out of my chair and punch my fist into the air with enthusiasm... I'm feeling absolutely amazing and incredibly grateful now that I've reached my goal and surpassed it. I can't believe how easy it was to earn over \$10,000 in profits per month. It's as if I'm a money magnet, and money is just flowing to me on a daily basis in avalanches of abundance – effortlessly.

To reward myself for earning \$10,000 in profits, this month of Sepetmeber I am going to _____ (buy myself a new Car, move into a new apartment, travel to another country, quit my stupid job etc.). I'm also going to give my _____ (Wife, husband, mom, dad, brother, sister, friend, charity) \$X,XXX. I love my life

WHY?

What are the 6 biggest reasons why you MUST reach your goal?

1.

2.

3.

4.

5.

6.

Give yourself a few hours to really answer these questions.

The purpose of this exercise is to gain absolute clarity on why you're doing what you're doing.

When times get hard your WHY is going to push you past temporary setbacks and defeats.